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| Name: SMT.GIRIJA | Reg No: 06-12SMHC18 |
| Age / Sex:52/F | Contact No:9741834713 |
| Marital Status: ML-37 YEARS | Date:22.12.18 |
| Occupation:HOUSEWIFE | Dr. PJFP |
| Address:NATIVE KANAKPURA | DIAGNOSIS- |

1. KNEE TO FEET PAIN<WALKIG, NIGHT. SINCE FROM 3-4 YEARS OR EVEN MORE CNT RECOLLECT. CANT TOUCH ALSO.

* HAD CHIKUN GUNYA 15 YEARS BACK. IMM HAD NO POST PAINS BUT FRM 5 YEARS FEELING SAME PAIN.
* BODY PAIN.
* IF SITS FOR LONG BACKPAIN.
* NO DM, HTN,THYROID DYSFNCT.

1. GIDDINESS COMES IMM VOMIT AND MOTION ALSO COMES OUT. THEN ONLY STAYS FFR 30 MIN. GOEST TO BATHROOM A LOT. EVEN IF SHE LIFTS WEIGHTS IMM GETS GIDDINESS AND THE OTHERS FOLLOWS. CANT SEE ALSO. WILL SIT WER SHE IS. CANT MOVE HERSELF ALSO.
2. WEIGHT GAIN. EATS LESS ONLY. HUNGER IS THERE BUT DUE TO WEIGHT SHE IS REFUSING TO EAT MUCH N UNABLE TO EXERCISE ALSO NA.
3. AFTER THIS PROBLEM FEELS SLEEPLESS ALSO. WT: 92.8KG

RX:

1. PULS 200 – M 4PILLS B/FOOD
2. COCCULUS A- 4 PILLS B/FOOD
3. CAUSTICUM- N 4 PILLS B.FOOD
4. KALI PHOS 6X 4-4-4-4.
5. RHUS TOX 3+BRY 30 – 4-0-4

5/1/19: right side mild better but left knee joint pain is more cant lift also. Pain killers only making her feel better. Left leg and left hand more.

Rx:

1. Bry1m +rhus tox 1m – 4-4-4-4
2. Polyporus 200 – 4-4-4-4.
3. Calc flour 200 - 7 doses alt days.
4. Pl 1-1-1.
5. Lach 1m – 1 dose.

19/1/19: cough, wheezing at nights. Itcing in throat and then it becomes cough. Sleep not there. Feels disturbed. After 4am sleeps.

Rx:

1. Ant tart 200 – 4-4-4-4-4.
2. Bryonia 200 – 4-4-4-4-4.

2/1/19: not better. Had giddiness. Leg pain also not better. Even little distance is also fully paining b/l. feeling chest discomfort and lot of cough. <evening, afternoon. On allorx daily.

Rx:

1. Nat sulph 200 – 4-4-4-4
2. Ant tart1m – 4-4-4-4
3. Osteofit drops – 15-15-15 daily a/food water.
4. Polyporus 200+apis 200+bry1m – 4-0-4